


<p><b>Prior Knowledge &amp; Skills</b></p> <p><u>Year 2:</u></p> <p>Follow a number of rules and routinely show 'fair play'</p> <p>Show an understanding of good sportsmanship.</p> <p>Demonstrates eye/hand and eye/foot co-ordination.</p> <p>Throw a ball underarm.</p>	<p><b>Boccia</b></p> <p>Boccia (pronounced 'bot-cha') is a seated target game aiming to get your teams ball closest to the Jack. The balls can be moved with hands, feet, or with an assistive device such as a ramp or a sensory map for blind players. One point for each ball that is closer to the jack than the opponent's closest ball.</p>	<p><b>Famous Sportsperson— David Smith</b></p> <p>David Smith is a Paralympian who was on the British Paralympic team which won a gold medal in the 2008 Paralympic games. He was diagnosed with cerebral palsy when he was one year old. He first played Boccia when he was six years old, but never won any games or enjoyed the sport because he had difficulty with understanding how to throw the ball. He kept persevering though, and when he got to high school really started to excel. He has been unbeaten in national (UK) competitions since 2004.</p> 												
<p><b>Key Knowledge &amp; Skills</b></p> <p><u>Year 3:</u></p> <p>Follow a set of rules and engage in 'fair play'</p> <p>Begin to demonstrate good sportsmanship.</p> <p>Copy tactics to attack or defend effectively.</p> <p>Demonstrates eye/hand and eye/foot co-ordination to execute movement skills</p> <p><u>Year 4:</u></p> <p>Throw with accuracy to hit a target</p> <p>Follow rules competitively, but fairly and appropriately.</p> <p>Demonstrate good sportsmanship.</p> <p>Choose effective tactics to attack or defend.</p> <p>Use eye/hand and eye/foot coordination as part of skilful performance.</p> <p>Throw with accuracy to hit a target.</p>	<p><b>Key Vocabulary</b></p> <table border="1"> <thead> <tr> <th>Word</th> <th>Definition</th> </tr> </thead> <tbody> <tr> <td><b>Court</b></td> <td>This is the playing area and is usually a smooth, flat surface. Each ball must be inside the court to count towards the game, if not or any rules are violated then that ball is placed in the 'dead ball container'</td> </tr> <tr> <td><b>Jack</b></td> <td>The target ball that the players are trying to throw their ball closest to</td> </tr> <tr> <td><b>Ball</b></td> <td>The target ball that the players are trying to throw their ball closest to</td> </tr> <tr> <td><b>End</b></td> <td>An 'end' is when all of the balls have been thrown and a score can be recorded. A full game is typically 4 or 6 ends.</td> </tr> <tr> <td><b>New Age Curling (NAK)</b></td> <td>Another disability sport. NAK is a form of original curling, but adapted so that it can be played indoors on a smooth, flat surface. Participants to deliver 'stones' from one end of the court to a target at the other end of the court. Scoring is determined by the number of stones closest to the centre of the target.</td> </tr> </tbody> </table>	Word	Definition	<b>Court</b>	This is the playing area and is usually a smooth, flat surface. Each ball must be inside the court to count towards the game, if not or any rules are violated then that ball is placed in the 'dead ball container'	<b>Jack</b>	The target ball that the players are trying to throw their ball closest to	<b>Ball</b>	The target ball that the players are trying to throw their ball closest to	<b>End</b>	An 'end' is when all of the balls have been thrown and a score can be recorded. A full game is typically 4 or 6 ends.	<b>New Age Curling (NAK)</b>	Another disability sport. NAK is a form of original curling, but adapted so that it can be played indoors on a smooth, flat surface. Participants to deliver 'stones' from one end of the court to a target at the other end of the court. Scoring is determined by the number of stones closest to the centre of the target.	<p><b>Local clubs and competitions</b></p> <p><u>Norfolk Boccia</u> are a good place to contact if you would like to get more involved with boccia. They can be contacted through their website <a href="https://norfolkboccia.weebly.com/">https://norfolkboccia.weebly.com/</a></p> <p><b>Future Learning—Year 5 Disability Sports</b></p> <p>Throw with greater control, accuracy and efficiency.</p> <p>Choose different tactics to attack or defend accurately.</p> <p>Follow a set of advanced rules</p>
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