


<p>Prior Knowledge & Skills—Year 2 Invasion Games</p> <p>Show control and co-ordination when moving at different speeds.</p> <p>Maintains balance whilst changing direction quickly.</p> <p>Show control and accuracy in order to keep possession.</p> <p>Combine changes in speed and direction to gain an advantage.</p> <p>Use simple tactics to attack or defend.</p>	<table border="1"> <thead> <tr> <th colspan="2" data-bbox="799 92 1556 159">Key Vocabulary</th> </tr> <tr> <th data-bbox="799 159 1182 199">Word</th> <th data-bbox="1182 159 1556 199">Definition</th> </tr> </thead> <tbody> <tr> <td data-bbox="799 199 1182 375">Center Court</td> <td data-bbox="1182 199 1556 375">The center court is the middle third of the playing area.</td> </tr> <tr> <td data-bbox="799 375 1182 593">Center Pass</td> <td data-bbox="1182 375 1556 593">The netball center pass is the passing movement which begins and restarts play following a goal. The start of a netball match is called a centre pass and NOT kick off.</td> </tr> <tr> <td data-bbox="799 593 1182 782">Chest Pass</td> <td data-bbox="1182 593 1556 782">A chest pass is a pass from your torso using two hands, thrusting the ball either horizontally to a team mate. No chicken wings!</td> </tr> <tr> <td data-bbox="799 782 1182 906">Bounce Pass</td> <td data-bbox="1182 782 1556 906">A chest pass which is bounced off of the ground to your teammate.</td> </tr> <tr> <td data-bbox="799 906 1182 1066">Offside</td> <td data-bbox="1182 906 1556 1066">A player with or without the ball cannot move into an area of the court that their position is not allowed.</td> </tr> <tr> <td data-bbox="799 1066 1182 1289">Footwork (pivoting)</td> <td data-bbox="1182 1066 1556 1289">Not moving with the ball (dragging your foot or hopping isn't allowed). When catching the ball, the foot that lands first must stay in contact with the floor until the ball is passed.</td> </tr> <tr> <td data-bbox="799 1289 1182 1414">Obstruction</td> <td data-bbox="1182 1289 1556 1414">When a defender is closer than 1m from the player with that ball.</td> </tr> <tr> <td colspan="2" data-bbox="799 1414 1556 1495"></td> </tr> </tbody> </table>	Key Vocabulary		Word	Definition	Center Court	The center court is the middle third of the playing area.	Center Pass	The netball center pass is the passing movement which begins and restarts play following a goal. The start of a netball match is called a centre pass and NOT kick off.	Chest Pass	A chest pass is a pass from your torso using two hands, thrusting the ball either horizontally to a team mate. No chicken wings!	Bounce Pass	A chest pass which is bounced off of the ground to your teammate.	Offside	A player with or without the ball cannot move into an area of the court that their position is not allowed.	Footwork (pivoting)	Not moving with the ball (dragging your foot or hopping isn't allowed). When catching the ball, the foot that lands first must stay in contact with the floor until the ball is passed.	Obstruction	When a defender is closer than 1m from the player with that ball.			<p>Famous Sportsperson—Serena Guthrie</p> <p>Serena Guthrie is the current English Netball co-captain. This means she shares captain duties with another player, Laura Malcolm. She plays as a centre or wing defence. Her coach has described her as, “positive, hard working and highly motivated,” and it is this perseverance which has led to her success as a player. She is known for her speed and athleticism, with a keen eye for intercepting opposition passes.</p> 
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<p>Key Knowledge & Skills</p> <p><u>Year 3:</u></p> <p>Use changes in speed, direction or height effectively.</p> <p>Accelerates quickly from a stationary position.</p> <p>Move into appropriate spaces to pass and receive.</p> <p>Use tactics to keep possession.</p> <p>Work as part of a team, communicating to gain advantages.</p> <p>Copy tactics to attack or defend effectively.</p> <p><u>Year 4:</u></p> <p>Use a range of changes in speed, direction or height effectively.</p> <p>Accelerates quickly from a stationary position in response to movement challenges e.g. moves quickly to close down opponent.</p> <p>Work as part of a team to create space.</p> <p>Use a range of tactics to keep possession.</p> <p>Work effectively as part of a team, communicating to gain advantages.</p> <p>Choose effective tactics to attack or defend.</p>	<p>Local Clubs</p> <p><u>Norfolk United Netball Club</u> have a junior section based in Attleborough. Their website is here: https://www.pitchero.com/clubs/norfolkunitednetball</p>																					
	<p>Future Learning—Year 5 Invasion Games</p> <p>Use a wide range of changes in speed, direction or height effectively and with control; Consistently accelerates quickly from a stationary position to contribute to successful performance.</p> <p>Work individually or as part of a team to exploit space and gain an advantage; Choose effective tactics to keep possession; Choose different tactics to attack or defend accurately.</p> <p>Show consistency and control in team games: play with greater speed and flow.</p>																					