

<p>Prior Knowledge & Skills</p> <p><u>Year 4:</u></p> <p>Throw with accuracy to hit a target</p> <p>Follow rules competitively, but fairly and appropriately.</p> <p>Demonstrate good sportsmanship.</p> <p>Choose effective tactics to attack or defend.</p>	<p>Goalball</p> <p>Goalball is an exciting Paralympic, indoor, 3-aside team sport. All participants have to wear a blindfold to make it fair. The ball contains internal bells so players are able to track its movement by its sound, whilst the court is marked out with tactile lines so players can feel where they are. You score goals by bowling the ball along the floor, past the opposing team.</p>	<p>Famous Sportsperson— Jen Armbruster</p> <p>Jen Armbruster is an American goalball player. She began to lose her vision at the age of 14, but continued playing basketball until the point where she was declared legally blind. She wanted to join the military but couldn't after losing her sight, so instead began playing goalball. She has won four medals at the Paralympic Games, including a gold medal in 2008.</p>														
<p>Key Knowledge & Skills</p> <p><u>Year 5:</u></p> <p>Throw with greater control, accuracy and efficiency</p> <p>Choose different tactics to attack or defend accurately.</p> <p>Follow a set of advanced rules.</p> <p>Encourage good sportsmanship in others.</p> <p><u>Year 6:</u></p> <p>Use a variety of techniques to throw for accuracy and distance.</p> <p>Follow a set of rules competitively, but fairly.</p> <p>Use a range of tactics as part of a team to gain an advantage.</p> <p>Devise own tactics to attack or defend effectively.</p>	<p>Key Vocabulary</p> <table border="1"> <thead> <tr> <th>Word</th> <th>Definition</th> </tr> </thead> <tbody> <tr> <td>Eyeshade</td> <td>A covering worn over your eyes to make sure you cannot see anything.</td> </tr> <tr> <td>Landing Zone</td> <td>The payer's own half of the pitch. The ball must land in this zone before moving to the other team's part of the court.</td> </tr> <tr> <td>Neutral Zone</td> <td>The area between each team's landing zone. It is not occupied by either team.</td> </tr> <tr> <td>Goal line</td> <td>The line which the ball must pass for a point to be scored.</td> </tr> <tr> <td>Sitting Volleyball</td> <td>Another disability sport. It has similar rules to volleyball, apart from the fact that all players must remain seated for the entire game.</td> </tr> <tr> <td>Table Cricket</td> <td>Another disability sport. It is usually played on a table tennis table. Side panels and sliding fielders are placed around the table to create the pitch, a ramp is used to bowl, and a wooden bat enables players to score runs, like a game of cricket.</td> </tr> </tbody> </table>	Word	Definition	Eyeshade	A covering worn over your eyes to make sure you cannot see anything.	Landing Zone	The payer's own half of the pitch. The ball must land in this zone before moving to the other team's part of the court.	Neutral Zone	The area between each team's landing zone. It is not occupied by either team.	Goal line	The line which the ball must pass for a point to be scored.	Sitting Volleyball	Another disability sport. It has similar rules to volleyball, apart from the fact that all players must remain seated for the entire game.	Table Cricket	Another disability sport. It is usually played on a table tennis table. Side panels and sliding fielders are placed around the table to create the pitch, a ramp is used to bowl, and a wooden bat enables players to score runs, like a game of cricket.	 <p>Local clubs and competitions</p> <p><u>Norfolk and Norwich Goalball Team</u> are one of the local goalball teams, and train in Norwich. To find out more contact john.milligan@norfolk.gov.uk</p> <p>Future Learning—KS3 Invasion Games</p> <p>Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Take part in competitive sports and activities outside school through community links or sports clubs.</p>
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