


<p>Prior Knowledge & Skills—Year 3 Invasion Games</p> <p>Use changes in speed, direction or height effectively.</p> <p>Accelerates quickly from a stationary position.</p> <p>Move into appropriate spaces to pass and receive.</p> <p>Use tactics to keep possession.</p> <p>Work as part of a team, communicating to gain advantages.</p> <p>Copy tactics to attack or defend effectively.</p>	Key Vocabulary		<p>Famous Sportsperson— Cynthia Cooper</p> <p>Cynthia Cooper was a basketball player who is considered to be one of the best women’s basketball players of all time. She started playing before the start of the women’s basketball league, however once it started she was named ‘most valuable player’ in all four seasons that she played. She has won college, Olympic and Women’s National Basketball Association (WNBA) titles throughout her career. When she retired she started a successful coaching career.</p> 
	Word	Definition	
	Dribbling	Dribbling skills enable a player to keep control of the ball, travel past a defender or simply move the team forward up the court.	
	Dodging	A change of speed and direction in order to get free into space to receive the ball.	
	Losing an opponent	Getting past an opponent so that they are unable to defend against you.	
	Free space	Area with no defenders nearby so that you have time to make a decision.	
<p>Key Knowledge & Skills</p> <p><u>Year 4:</u></p> <p>Use a range of changes in speed, direction or height effectively.</p> <p>Accelerates quickly from a stationary position in response to movement challenges e.g. moves quickly to close down opponent.</p> <p>Work as part of a team to create space.</p> <p>Use a range of tactics to keep possession.</p> <p>Work effectively as part of a team, communicating to gain advantages.</p> <p>Choose effective tactics to attack or defend.</p> <p><u>Year 5:</u></p> <p>Use a wide range of changes in speed, direction or height effectively and with control.</p> <p>Consistently accelerates quickly from a stationary position to contribute to successful performance.</p> <p>Work individually or as part of a team to exploit space and gain an advantage.</p> <p>Choose effective tactics to keep possession.</p> <p>Show consistency and control in team games: play with greater speed and flow.</p> <p>Choose different tactics to attack or defend accurately.</p>	Shooting	A skill used to score— think BEEF—Balance, Elbow, Eyes, Follow through	
	Defending	Marking your opponent so that they cannot receive the ball, or intercepting a pass.	
	Tip-off	How a match is started. The referee throws the ball in the air in the centre and two opposing players leap up and try to tap it away.	
<p>Local Clubs</p> <p><u>Norfolk Hoopstars</u> have a team in Wymondham and play in the Norfolk Youth League.</p>			
<p>Future Learning—Year 6 Invasion Games</p> <p>Staying in control, change speed, height or direction to maintain advantage.</p> <p>Adopt tactics to create space and exploit space individually and as part of teams.</p> <p>Use a variety of tactics to keep possession and progress towards eg. a goal.</p> <p>Use a range of tactics as part of a team to gain an advantage.</p> <p>Devise own tactics to attack or defend effectively.</p>			