


Prior Knowledge & Skills—Year 3 Invasion Games Use changes in speed, direction or height effectively. Accelerates quickly from a stationary position. Move into appropriate spaces to pass and receive. Use tactics to keep possession. Work as part of a team, communicating to gain advantages. Copy tactics to attack or defend effectively.	Key Vocabulary		Famous Sportsperson— Cristina Neagu Cristina Neagu is a handball player from Romania. She plays as a left back. She is often considered as the best player in the world and many see her as the best female handball player of all time. She is a prolific goalscorer and is the record holder for scoring the most goals in the European Championships. She has overcome serious injury problems (at one point she was unable to play for nearly two years) to still perform consistently at the top level, showing great perseverance. 
	Word	Definition	
	Wrist pass	A pass taken from your side, which involves flicking your wrist to move the ball to a teammate.	
	Feint	A move used to trick a defender into thinking you are going one direction, then actually moving in the opposite direction.	
Key Knowledge & Skills <u>Year 4:</u> Use a range of changes in speed, direction or height effectively. Accelerates quickly from a stationary position in response to movement challenges e.g. moves quickly to close down opponent. Work as part of a team to create space. Use a range of tactics to keep possession. Work effectively as part of a team, communicating to gain advantages. Choose effective tactics to attack or defend. <u>Year 5:</u> Use a wide range of changes in speed, direction or height effectively and with control. Consistently accelerates quickly from a stationary position to contribute to successful performance. Work individually or as part of a team to exploit space and gain an advantage. Choose effective tactics to keep possession. Show consistency and control in team games: play with greater speed and flow. Choose different tactics to attack or defend accurately.	Hip shot	A type of shot used to deceive a defender. It involves taking the shot from next to your hip with a flicking action to go around a defender or through a small gap.	Local Clubs <u>Norwich Handball Club</u> play in Norwich. More details available on the England Handball website www.EnglandHandball.com Future Learning—Year 6 Invasion Games Staying in control, change speed, height or direction to maintain advantage. Adopt tactics to create space and exploit space individually and as part of teams. Use a variety of tactics to keep possession and progress towards eg. a goal. Use a range of tactics as part of a team to gain an advantage. Devise own tactics to attack or defend effectively.
	Passive play	When a team are not attacking enough, a referee can call this to speed them up. The attacking team then has six passes of the ball to shoot or else the ball is turned over to the defenders.	
	Free throw	Awarded to a team after a foul or turnover. Defending players must stand at least 3m away from the ball.	
	7m throw	A handball penalty, for a serious foul or defenders defending inside the 6m line. You must take it with your front foot flat on the floor.	
	Line Player	A position whose job it is to get in amongst the defenders to support their teammates.	

Key Knowledge & Skills

Year 4:

Use a range of changes in speed, direction or height effectively.

Accelerates quickly from a stationary position in response to movement challenges e.g. moves quickly to close down opponent.

Work as part of a team to create space.

Use a range of tactics to keep possession.

Work effectively as part of a team, communicating to gain advantages.

Choose effective tactics to attack or defend.

Year 5:

Use a wide range of changes in speed, direction or height effectively and with control.

Consistently accelerates quickly from a stationary position to contribute to successful performance.

Work individually or as part of a team to exploit space and gain an advantage.

Choose effective tactics to keep possession.

Show consistency and control in team games: play with greater speed and flow.

Choose different tactics to attack or defend accurately.