

How do Buddhists explain suffering?

<p>Key Vocabulary:</p> <p>Reincarnation / Samsara Nirvana The Four Noble Truths (Dukka, Samuday, Nirodha, Magga) The Eightfold Path The Five Precepts Karma Religion Humanists</p>	<p>Key concepts: Buddhism</p> <p>Can you take control of how you feel through how you behave? (The Eightfold Path) How important is it to lead a 'good' life? How important are material things? Can you change who you are? What happens when you die?</p>
--	--


Formatted: Space Before: 0 pt

Rules for Life: The 10 Commandments and the Buddhist Five Precepts and the Noble Eightfold Path



1. Avoid taking life
2. Avoid stealing
3. Be faithful to your partner
4. Avoid lying
5. Avoid intoxicating substances

Wisdom	Right Understanding Right Aspiration
Morality	Right Speech Right Action Right Livelihood
Concentration	Right Effort Right Mindfulness Right Concentration

<p>Buddhist Teaching</p> <p>The Jakata Tales: The Lump of Gold and how this compares to the parables of Jesus such as: The Parable of the Rich Fool.</p>	<p>Karma and Reincarnation</p> <p>How does the idea of Karma link with the phrase, "You reap what you sow."?</p>  <p>Buddha said it is your karma (not your soul) which is reborn.</p>	<p>The Three Universal Truths</p> <p>Anitya – nothing lasts forever.</p> <p>Duhkha – Suffering</p> <p>Anatma – no soul</p>
---	--	---

50% Theology 50% Philosophy

How does a Buddhist live their life?

Key Knowledge

<p>How do Buddhist beliefs influence actions?</p> <p>Suitable answers such as – career choice, behaviour towards others, vegetarianism.</p>	<p>How do Buddhists believe their actions affect their future life / lives?</p> <p>Suitable answers such as treating other people with respect, looking after other people results in better karma and therefore happier lives and future lives.</p>	<p>How might a Buddhist be able to truly understand the universal truths and Eightfold path?</p> <p>Acceptable answers – through meditation, by practises which help people to accept that things do not last forever – such as destruction of art work on completion.</p>
<p>What are the main differences between the 5 precepts and the 10 commandments?</p> <p>Suitable answers such as - Buddhists do not believe in a creator God so there are no rules relating to God.</p>	<p>Can you advise a fictional character how to improve their life through the Eightfold path?</p> <p>Answers include a study of the story, Friday Forever – Annie Dalton and advise for the character.</p>	<p>Is Buddhism a religion or a philosophy? (Greater depth)</p> <p>Answers may include comparison with one or more other religions e.g. the belief in a creator God / the idea of reincarnation / the existence of rules by which to live your life.</p>

Learning Journey

<p>Prior and Future Learning</p>	<p>Reception</p>	<p>KS1</p>	<p>LKS2</p>	<p>UKS2</p>
---	------------------	------------	-------------	-------------

50% Theology 50% Philosophy

Philosophy	What questions do we need to ask about the stories we hear?	What is right and what is wrong? What do my senses tell me about the world of religion and belief?	What is philosophy? What do we mean by truth?	Is believing in God reasonable? Is being happy the greatest purpose in life?
-------------------	---	---	--	---

50% Theology 50% Philosophy